FEBRUARY 2027

SUN	MON	TUE	WED	THU	FRI	SAT
31	1 Make a list of things you're thankful for and do something to celebrate those things.	2 Think of one thing you're proud of yourself for, then say it out loud in the mirror.	3 Tell a friend something you genuinely appreciate about them.	4 Rewatch a movie or television show that you loved growing up.	5 Notice a small win and give yourself the credit you deserve.	6 Write down three things you like about yourself. Put them somewhere you can see every day.
7 Remember someone who showed you kindness when you needed it. What made their kindness meaningful?	8 Journal about something that's made you happy recently.	9 Celebrate someone's achievement, big or small.	10 Set a photo you love as your phone background and appreciate the memory behind it.	11 Tell yourself, 'Thank you,' for something you've done to take care of yourself.	12 Send a card to celebrate a friend's birthday or milestone.	13 Read a book from your childhood.
14 Celebrate someone who makes your world a little brighter. Tell them why they matter.	15 Look for kindness happening around you today. Celebrate what you notice.	16 Send a handwritten thank-you note to someone whose efforts often go unnoticed.	17 **Random Acts of Kindness Day!** Celebrate by sharing kindness and encouraging someone else to join in.	18 Think of a favorite act of kindness you've witnessed or experienced. If possible, pass it on!	19 Give someone a genuine compliment about something you admire in them.	20 Share a story of kindness with someone who needs a smile.
21 Name one thing your younger self would love about your life right now.	22 Reflect on your favorite memory from today.	23 Write a heartfelt note to someone who made a positive impact in your life.	24 Recognize someone who makes your school, workplace, or community a kinder place.	25 Take a moment to appreciate something beautiful in your everyday surroundings.	26 Name three things you did well today, no matter how small.	27 Remember a tradition or celebration that brings you joy. Share it with someone.
28 Finish the month by celebrating one way kindness made a difference in your life.	1	2	3	4		

RANDOM ACTS OF KINDNESS WEEK

JANUARY

S	M	T	W	Th	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

MARCH

S	M	T	W	Th	F	S
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

Visit our site for even more kindness ideas: https://www.randomactsofkindness.org/kindness-ideas

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