AUGUST 2027

SUN	MON	TUE	WED	THU	FRI	SAT
1 Reach out to the person who's been on your mind.	2 Honor someone's memory by doing an act of kindness in their name.	3 Share a treat with someone who makes life a little sweeter.	4 Invite a friend to lunch and enjoy time catching up.	5 Tell a loved one what you appreciate about them.	6 Ask someone about a favorite childhood memory.	7 Share your favorite song with someone and ask what they've been listening to lately.
8 Spend time with people who make you laugh.	9 Send a thoughtful text to the first person who comes to mind.	10 Offer to help someone with a task. Working together can create time to connect.	11 Recommend a good book you've recently read and ask for a recommendation in return.	12 Invite someone to join you for a walk and enjoy a conversation along the way.	13 Ask someone how they've really been doing lately, and make time to listen.	14 Share a favorite memory with someone who was part of it.
15 Send a handwritten letter to surprise someone.	16 Trade favorite summer recipes with someone and share the stories behind them.	17 Introduce two people who share an interest and might enjoy getting to know each other.	18 Ask someone what they've been excited about lately. Let them tell you all about it.	19 Share your favorite podcast with someone and invite them to tell you what they think.	20 Plan a picnic outside and invite someone to join you.	21 Practice active listening. Give someone your full attention when they speak.
22 Reconnect with someone you haven't spoken to in a while. A simple hello can reopen a conversation.	23 Ask someone to teach you something they enjoy doing.	24 Set aside a little uninterrupted time with someone important to you.	25 Thank someone for being there for you, especially during a difficult time.	26 Share a photo that reminds you of a meaningful moment with someone.	27 Invite someone to join you in a hobby or activity you enjoy.	28 Ask someone a question you've never thought to ask them before.
29 Check in with someone after an important event or milestone. Let them know you remembered.	30 Make a plan to spend time with someone you care about in the coming weeks.	31 Reflect on the connections you've strengthened this month. Who would you like to stay closer to?	1	2		

JULY

S	M	T	W	Th	F	S
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

SEPTEMBER

S	M	T	W	Th	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
3	4	5	6	7	8	9

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