THE RIPPLE EFFECT



make kindness the norm.®

randomactsofkindness.org

RANDOM ACTS OF KINDNESS FOUNDATION®

MARCH 2027

SUN	MON	TUE	WED	THU	FRI	SAT
28	1 Start a kindness ripple! Do something kind for someone today and see what happens next.	2 In memory of Dr. Seuss, imagine all the wonderful ways you can make the world a little kinder. Pick one and give it a try!	3 Leave a cheerful note or drawing for someone to discover. Your kindness might be just what they need!	4 When someone does something kind for you, pass that kindness along to someone else.	5 Tell someone how their kindness has made a difference in your life.	6 Kindness Tag! Do something kind for someone, then invite them to tag someone else with kindness!
7 Imagine kindness spreading like falling dominoes. What's one kind act you could start that might inspire another?	8 Start a smile ripple! Smile at someone and see how many smiles you can inspire today.	9 Make someone's day a little easier. Offer to help with a small task without being asked.	10 Share a story about a kind act you've experienced.	11 Leave a shared space better than you found it.	12 Think of a time someone helped you. How did it make you feel? Find a way to share that feeling with someone else.	13 Get excited about someone else's good news! Your enthusiasm might inspire them to keep going.
14 Be a kindness copycat! Notice someone doing something kind and find your own way to follow their example.	15 Thank someone who makes your school or community a kinder place.	16 Share a favorite book with someone and tell them why you love it. Maybe they'll pass the recommendation along!	17 Teach someone a helpful trick, fun fact, or new skill they can share with someone else.	18 Spread calm instead of frustration. Take a deep breath and choose patience when things don't go your way.	19 Send a little encouragement to someone who's having a tough day. Your kindness could help turn things around.	20 As we celebrate the beginning of spring, plant bee-friendly flowers somewhere!
21 Invent a silly kindness challenge and see how many friends or family members you can inspire to join in!	22 Cheer someone on as they work toward a goal. Your encouragement might give them the confidence to keep trying!	23 Teach someone your favorite joke, dance move, or fun fact and challenge them to pass it along!	24 Thank someone who works behind the scenes to make your school a better place.	25 Do something kind without expecting anything in return. You never know how far your kindness might travel!	26 Introduce two people who might enjoy getting to know each other. A new friendship could begin with you!	27 Think of a kind habit you've learned from someone else. Practice it today and keep the kindness going!
28 With permission from a grown-up, share something you no longer need with someone who could use it.	29 Notice someone being left out? Invite them to join in and help kindness spread!	30 Start a kindness shout-out! Tell someone about a kind thing you saw another person do today.	31 Look back at all the kindness you've shared, received, or witnessed this month. What's one kindness ripple you'd like to keep going?	1		

FEBRUARY

S	M	T	W	Th	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6
7	8	9	10	11	12	13

APRIL

S	M	T	W	Th	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1
2	3	4	5	6	7	8

Visit our site for even more kindness ideas: https://www.randomactsofkindness.org/kindness-ideas

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