SPREAD A LITTLE SUNSHINE.

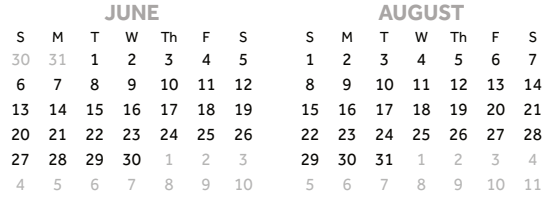


make kindness the norm.®

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RANDOM ACTS OF KINDNESS FOUNDATION®

JULY 2027



SUN	MON	TUE	WED	THU	FRI	SAT
		30	31	1 In memory of Princess Diana, brighten someone's day with a small act of compassion. A little kindness can make a big difference!	2 Turn up the happiness! Listen to a song that makes you smile, sing, or dance.	3 Predict a 100% chance of kindness today. What's one way you'll make it happen?
4 Watch the sunset and enjoy the beautiful colors in the sky.	5 Celebrate someone's creativity! Tell them something you love about their drawing, story, or latest creation.	6 Do something that makes YOU happy today. Your happiness matters, too!	7 Look out your window and find something that makes you smile. Share your discovery with someone!	8 Deliver a Pocketful of Sunshine! Draw a tiny sun, write a happy message, and give it to someone who could use a smile.	9 Give yourself a little sunshine! Say three encouraging things about yourself.	10 Sometimes kindness shows up in unexpected ways. Think of a small thing someone did recently that made your day better. Did they even realize it?
11 Share a funny memory with someone who was there. See if you can make each other laugh all over again!	12 Catch a little golden-hour magic! Notice how the sunlight makes ordinary things look extraordinary.	13 The Sunshine Spotlight! Find someone doing something awesome and make sure they know you noticed!	14 Be a secret sunshine spreader! Hide a cheerful note or drawing where someone will find it.	15 Enjoy a little fresh air! Step outside or open a window and take a moment to appreciate the world around you.	16 Have a one-person dance party! Put on your favorite feel-good song and dance like nobody's watching.	17 Find something yellow, something that makes you laugh, and something that reminds you of someone you love.
18 Tell someone how they make your world brighter. A few kind words can mean so much!	19 Turn an ordinary task into something fun. Add music, imagination, or a little silliness!	20 Catch a sunrise if you can, or take a quiet moment to enjoy the morning light.	21 In memory of Robin Williams, share a favorite joke or funny story. Give someone a reason to laugh today!	22 Be someone's cheerleader! Offer a little extra encouragement to someone who needs it.	23 Draw a silly picture or write a cheerful message and deliver it to someone special.	24 Think of someone who could use a little happiness and find one way to brighten their day.
25 Get silly! Make up a goofy dance, invent a funny word, or do something just for the joy of it.	26 Bring back a happy memory! Share a favorite picture, drawing, or story with someone who makes you smile.	27 Think of someone who makes ordinary days feel special. Find a fun way to return a little of that sunshine today!	28 Six Little Rays of Sunshine! Think of six things that make you smile. Share one with someone and brighten their day!	29 Collect a Little Sunshine! Name five tiny things that made your day better.	30 Someone having a cloudy day? Ask what might help them feel a little better.	31 End July on a bright note! Share your favorite happy moment from the month with someone.

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